



Intentions for the Mass:

January 22,	9:00 am	For departed Albert & Mary Bvettner & fly
January 22,	11:00 am	For the Parishioners (Pro Populo)
January 23,	No Mass.	
January 24,	6:30 pm	For departed John Gerritsen
January 25,	6:30 pm	For departed Wilfred Reaumg
January 26,	9:00 am	For dep. Bob Krothner
January 27,	9:00 am	For dep. Bob Krothner
January 28,	9:00 am	For dep. Bob Krothner
January 28,	5:00 pm	For the Parishioners (Pro Populo)
January 29,	9:00 am	For the Souls in need.
January 29,	11:00 am	For the Parishioners (Pro Populo)

Daily Readings for the week of Jan 22 to Jan 29, 2023

3rd Sunday O.T.	Jan. 22 Is.9:1-4; 1Cor.1:10-13,17-18; Mt. 4:12-23 (Word of God Sunday)
Monday	Jan. 23 Heb. 9:15,24 -28; Mk. 3:22-30 .
Tuesday	Jan. 24 Heb. 10:1-10; Mk. 3:31-35 (St. Francis of Sales)
Wednesday	Jan. 25 Acts. 22:3-16; or Acts.9:1-22; Mk. 16:15-18 9 (Conv. of St. Paul)
Thursday	Jan. 26 2Tim. 1:1-8; or Titus 1:1-5; Lk. 10:1-9 (Sts. Timothy & Titus)
Friday	Jan. 27 Heb. 10:32-39; Mk. 4:26-34.
Saturday	Jan. 28 Heb. 11:1-2,8-19; Mk. 4:35-41 (St. Thomas Aquinas)
4th Sunday O.T.	Jan. 29 Zeph. 2:3; 3:12-13; 1 Cor. 1:26-31, Mt. 5:1-12.

First Holy Communion Meeting

Thursday, February 9, 2023

6:30pm in church rectory

Faith Formation Evenings

Tuesday Jan. 24, 2023

6:30pm In the church rectory

Themes from www.formed.org

The Praises of God
Living In Harmony
 International Day of Human Fraternity

Wednesday, February 8, 2023
9:00 am – 3:00pm
 Mount St. Francis Retreat Centre
 41160 Retreat Rd. (Cochrane)

In 2020 the UN Declared February 4 as the International Day of Human Fraternity. In conjunction with World Interfaith Harmony Week (Calgary) and in recognition of International Day of Human Fraternity, Mount St. Francis Retreat Centre invites you to a day of prayer honoring the God of relationship.

<small>Coffee & Muffins - 9:00 am</small>	<small>International Luncheon (Cost: \$20)</small>
<small>Prayer and Reflection- 9:30 am</small>	<small>Prayer and Reflection- 1:30 pm</small>
<small>Mtury - 11:30 am</small>	<small>Closing Ritual and Sharing - 2:30 pm</small>

The day is structured around times of shared prayer and personal prayer based on *The Praises of God* written by St. Francis.

Registers Early - limited spots.
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ST.AGNES PARISH

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Mass Schedule

SATURDAY:

5:00PM

SUNDAY: 9:00AM &

11:00AM

TUESDAY &

WEDNESDAY: 6:30PM

THURSDAY, FRIDAY,

SATURDAY

9:00 AM

Adoration of the Blessed Sacrament

Every Wednesday and
every First Friday
after mass.

Regular Confession

Saturday 4:00-
4:45PM

Or by appointment

Parish Council

First Thursday of
month February 2

January 22, 2023: Third Sunday of Ordinary Time

From Fr. Newton's Desk

'The Lord is my Light and my Help - whom shall I fear?':

The message of today's readings in one phrase: light and freedom. A number of times since the start of the calendar year, Mother Church has invited us to look again and see deeply. Only when I believe that I am loved and protected by God will I be able to banish fear. The stanzas of Ps. 27 which are put before us today are a veritable feast of fearlessness. Take any verse into your day and let it be a chorus haunting your comings and goings: *The Lord is my light and my help - whom shall I fear; I long to live in the house of the Lord; I am sure I shall see the Lord's goodness; hope in the Lord, hold firm and take heart.* In our 1st Reading, Isaiah paints a similar picture, using the metaphors of harvest, victory, breaking of yokes and chains. In the same vein, Paul, in our 2nd Reading, notes that Jesus cannot be understood in Philosophical terms. There is a deeper seeing and deeper knowing that comes from a deeper looking. It is precisely to this kind of looking that Jesus called the first disciples - from fishing for fish to fishing for people. Do we dare to dance in the freedom that flows following Jesus?

***People will hate you, rate you, shake you, break you.
But how strong you stand is what makes you***